



The Borough of Totowa Mayor & Council together with the Board of Health & the Borough of Totowa Public Library invite you to their Community Health and Wellness Fair

MEDICAL & DENTAL SCREENINGS INCLUDE:

**Blood Pressure | Blood Sugar | Oxygen Levels | Heart Rate | Body Fat Analysis | Scoliosis | Vein | Posture | Dental | Meet Dr. Odorczyk | Flu Shots
Healthy Eating suggestions & recipes with Heather Shasa MS, RD of ShopRite of Little Falls | Fitness Demonstrations | Free Massages
Local Vendors & Non-Profit Organizations | Free Refreshments & Giveaways
Fun Activities for Kids! | Fire & Safety Demonstrations**

OCTOBER 20, 2018

10:00 A.M. – 1:00 P.M.

PAL Building

Chamberlain & Lincoln Ave, Totowa NJ

For more information please email

Councilwoman Debbie Andriani dandriani@totowanj.org

or call the Library at 973-790-3265